THRIVING IN THE LEGAL PROFESSION
Three Pillars of Success

SYLLABUS

Class 1 – January 12, 2018   -  Room 175

Topic: **Emotional Intelligence (EQ)**

**Reading Assignment:** Chapter 1 of text, *Thriving in the Legal Profession – Three Pillars of Success*, PDF version attached to syllabus

8:30 AM – 9:30 AM: Overview of course; Discussion of Emotional Intelligence for lawyers; Using your personal strengths.

9:30 AM – 9:40 AM: Break

9:40 AM – 10:40 AM: Panel Discussion, Panel members:

- Attorney Dena Prince
- Attorney Cooper Shattuck
- Rev. David Meginniss
- Attorney Chad Tindol
- Attorney Michael Bownes

10:40 AM – 10:50 AM: Break

10:50 AM – 11:50 AM: Breakout Groups – Topics: Your strengths and what they indicate/

Handling stress in a legal career/

Work-home-life balance/

Best & worst practices of new attorneys

11:50 AM – 12:00 PM: Break

12:00 PM - 12:30 PM: Reconvene for summary and takeaway from today

Class 2 – February 2, 2018   -  Room 175

**Topic:** *Success in the changing legal market – How to thrive in the legal profession in the 21st Century*

**Reading Assignment:** Text, *Thriving in the Legal Profession – Three Pillars of Success*:
Chapter 3: pages 113 – 159
Chapter 4: pages 171 - 217

8:30 AM – 9:30 AM: Lecture on the changing legal market
9:30 AM - 9:40 AM: Break
9:40 AM - 10:40 AM: Panel Discussion, Panel members:
  Attorney Leo Ashford
  Attorney Alyce Spruell
  Attorney Michael Spearing
  Attorney Wilson Moore
10:40 AM – 10:50 AM: Break
11:50 AM – 12:00 PM: Break
12:00 PM - 12:30 PM: Reconvene for summary and takeaway from today

Class 3 – February 23, 2018 - Room 175

**Topic:** Personal Financial Management for Lawyers

**Reading Assignment:** Text, *Thriving in the Legal Profession – Three Pillars of Success*:
  Chapter 2, pages 51 – 107

8:30 AM – 10:00 AM: Discussion of topic by **Professor Jan Brakefield**
10:00 AM – 10:10 AM: Break
10:10 AM - 10:50 AM: Breakout Groups
10:50 AM - 11:00 AM: Break
11:00 AM - 12:00 PM: Panel Discussion, Panel:
  Hon. Scott Vowell, Circuit Judge, Jefferson Co., retired
  Hon. Jim Roberts, Circuit Judge, Tuscaloosa Co.
  Hon. Randall Cole, Circuit Judge, Dekalb Co.
12:00 PM – 12:30 PM: Reception for all class members outside Room 175